

# How You can *Fight* THE *Climate* Crisis



## **Get Educated:**

Learning more about the climate crisis and how you can help allows you to appreciate our environment and understand the threat we are facing. Once you are educated on the topic you can teach others the value of our natural resources.

## **Recycle:**

Canadians throw out around 3.3 million tonnes of recyclable plastic each year. This causes a waste of space, resources, and energy. Research what you can recycle and follow through with it. Be aware that recycling wrong can create more waste and slow down our systems so take time to recycle right.



## **Buy Less & Sustainably:**

Buying less, only what you need, or second hand will reduce waste, reduce your impact on the environment, and save you money. Instead of buying online or overseas buy from local businesses to support your community and lower your carbon footprint.

## **Eliminate Food Waste:**

In Canada 58% of food produced is wasted. You can help reduce your waste by shopping for only what you need, eating leftovers, composting scraps, and donating excess to food banks.



## **Use Reusable:**

Many of our everyday single use products have reusable alternatives. From straws to toothbrushes and water bottles to bags there are greener alternatives to many of our favourite products. Avoid buying products with plastic packaging and reuse old products when you can.

*Join Climate Club in room 25 at lunch on Fridays to  
join the action!*